



St Angela's Primary School

Castle Hill

SHINE

Newsletter
Vol. 10 No. 15

Sending Home Information and News about Education
Ministry of Our Lady of the Rosary Parish, Kellyville

23rd May 2019
Term 2, Week 4

Dear Parents,

Congratulations

Congratulations to Fr Alejandro, who today celebrates 16 years of Priesthood. His vocation is a gift to the St Angela's and Our Lady of the Rosary communities. We are indeed blessed to have him as our Parish Priest.

Why True Gratitude Improves Our Lives

Teaching our children to say "thank you" is important, but truly instilling a sense of gratitude in them is another matter entirely. Gratitude goes beyond good manners - it's a mindset and a lifestyle. Studies show that children who count their blessings reap concrete benefits, including greater life satisfaction and a better attitude about school.

Why Is It Important To Cultivate An Attitude Of Gratitude?

First of all, gratitude is healthy for us, adults and children alike. Cultivating gratitude increases happiness levels. Gratitude can also help individuals live happier, more satisfied lives and enjoy increased levels of self-esteem, hope, empathy and optimism. Children who practise grateful thinking have more positive attitudes toward school and family.

Gratitude gives perspective. When you take into account the sheer number of opportunities, privileges and material possessions most children enjoy through no effort of their own, it's easy to see why many of them feel entitled. After all, they get used to getting stuff without knowing or caring where it comes from. Practising gratitude, on the other hand, underscores the fact that all those toys and creature comforts don't just pop out of thin air. When children recognise that the things they own and the opportunities they have come from someone other than themselves, it helps them develop a healthy understanding of how interdependent we all are. Then they may be more inclined to treat others with genuine respect.

Gratitude improves relationships. Would you rather be around people who freely acknowledge and appreciate your contributions, or people who take your efforts for granted with a perfunctory grunt of thanks? It's a simple principle: gratitude fosters stronger, more positive and more genuine relationships.

Gratitude counteracts the 'gimmies'. Fundamentally, gratitude is about being aware of who or what makes positive aspects of our lives possible, and acknowledging that. When children learn to think in those terms, they can be less apt to make mindless, self-centred demands. Plus, they begin to appreciate what they have rather than focusing on what they wish they had.

Acknowledgement: Andrea Reiser

Thank you for your continued support. It is in partnership that we can achieve great things for our children.

Tony Calabria
Principal



School Photo Day This Monday 27th May

Our school photo day is this Monday 27th May. Envelopes for school, family and specialty group photos were sent home on Monday (20th May), with your child and ordering instructions were emailed to all families.

There are two options available for purchasing school photos:
\$22.00 - Class Only Set (Class Group + Casual Group Photo)
\$32.00 - Class Set + Individual Portrait Set (Class Group + Casual Group + Individual Portrait Set).

A reminder that all orders, ie. School, Family and Specialty photo orders are required to be returned to school **on photo day**, ie. Monday 27th May. **This applies even if you have made payment online.**



General Parent Meeting 'Write and Read to Lead and Succeed' Presentation on How to Support and Develop Your Child's Reading and Writing Thursday 30th May at 9:00am (Please note morning timeslot)

Our General Parent Meeting will be held on Thursday 30th May starting at 9:00am.

This meeting will feature a valuable and informative presentation on how to support and develop your child's reading and writing, along with our regular General Parent Meeting agenda items.

All are welcome. We hope you can join us.

"We would love to hear from you to help us improve the education we provide"

In the coming weeks, starting 27th May until 14th June, every diocesan school will be inviting students, teachers and parents to provide feedback on their experience of their school using an online "Tell Them From Me" survey. The surveys are an important part of our whole school evaluation and planning process.

As we value the role of parents within our school community, we would greatly appreciate your feedback. The information you provide will be used to maintain our commitment to working together in partnership, to further improve student learning and wellbeing at St Angela's.

The survey is anonymous and will take approximately 20 minutes to complete. **Please keep an eye out for further information and the URL link to access the survey coming home soon.**



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Religious Education

Sunday, 26 May 2019: Sixth Sunday of Easter - Year C

Gospel Jn 14:23-29

A reading from the holy Gospel according to John

The Holy Spirit will teach you everything and remind you of all I have said to you.

If you love me you will obey me. What does it mean to 'obey' Jesus today? Henri Nouwen once said that discipleship is not about doing everything that Jesus did. Could we, even if we wanted to? No, discipleship is about living as authentically as Jesus lived. Obeying then is about living authentically. What does that mean for you?

Hugo Echegaray, writing in 'The Practice of Jesus' states: *Jesus did not set up a rigid model for action but, rather, inspired his disciples to prolong the logic of his own action in a creative way amid the new and different historical circumstances in which the community would have to proclaim the gospel of the kingdom in word and deed. (p94)* Living authentically involves a commitment to preserving and promoting the logic and practice of Jesus to a 21st century world still suffering at the hands of fanatics and fatalists. To a world still wounding women and children; still fighting wars in the name of religion; still ignoring the cries of hungry bloated babies; still searching for peace, for reconciliation, for harmony, and for justice.

Recall that, in the story of the Transfiguration (Week 2 Lent) Jesus identified himself both with Moses, the one who led the people out of oppression and slavery and with Elijah, the prophet who challenged the people's compromise between true and false gods. Following the remarkable 'transfiguration', Jesus led the disciples back down the mountain and back to the reality of a broken, bleeding world. Straight away he is back into the ministry of healing.

Joan Chittister (*Womanstrength: Modern Church, Modern Women*) refers to the Transfiguration as a model for ministry:

If we are really to minister, it is up to us to be transformed and then transfiguring. We must be aware not simply of the pain but we must be aware, as well of why the hurting hurt. And then we must set out to do something to cure the causes as well as soothe the symptoms. Those are things of which we must be aware if we are to be authentic ... Our ministry must be not only to comfort but to challenge; not just to attend to, but also to advocate; not just of vision, but of voice, not only to care, but to change. (p 84)

'The Holy Spirit will come and help you ... the Spirit will teach you everything'. Thank goodness we're not meant to do it alone! The Spirit will come and help us: to challenge as well as comfort, to advocate as well as attend to; to give voice as well as vision and to change as well as to care. We must be aware not simply of the pain but we must be aware, as well of why the hurting hurt. We must set out to cure the causes as well as soothe the symptoms!

In this Easter season of hope and harmony - what will you do?.

Mrs Jocelyn Williams
Religious Education Coordinator

Theme for the Week

"Looking for the Good in Everything"

Our theme this week encourages the children and ourselves to look for and appreciate the good in others. This is often related to our outlook on life. The media often portrays the negative aspects of so many people and events. Looking for the good in everything helps us to appreciate how God has blessed us with His abundance of gifts. Good is always present, the challenge sometimes, is to bring it into the spotlight.



TERM 2

Week 4

Fri 24th May

2:15 Whole School assembly presented by Year 1. All welcome.

Week 5

Mon 27th May

School Photos
All children to wear full winter school uniform.



Tues 28th May

Paul Kelly Cup Regional Final Blacktown International Sports Park

Wed 29th May

Stage 3 Girls Soccer Gala Day - Penrith
Year 3 Excursion to Taronga Zoo

Thurs 30th May

9:00am General Parent Meeting
'Write and Read to Lead and Succeed'

Fri 31st May

9.30am Hills Interschool Debating Competition
Away team - St. Paul the Apostle

2:15pm Year 5 Assembly - All Welcome

Sat 1st June

4:30 - 6pm Confirmation Preparation
OLOR church

Sun 2nd June

9:30am -11am & 4:30pm - 6pm Confirmation
Preparation - OLOR church

Week 6

Tues 4th June

8:45am Parent Rep Meeting in Staffroom

Thurs 6th June

Year 6 Canberra Excursion

Fri 7th June

Year 6 Canberra Excursion

Year 1 Science Incursion

Resilience

As a school community we are continuing to focus on Resiliency and encouraging the children to "Bounce Back" when things don't go to plan or they face disappointment or difficult situations.

On Monday the 17th of June, we will welcome The Playground Craze Performance for Kinder to Year 6.

"A show about Resilience, with a lots of practical strategies for bouncing back."

In a pop-concert-like atmosphere, The Playground Craze uses street dance, pop music and comedy to build rapport with children. Students learn through music and storytelling how to build positive attributes in themselves by observing characters in 'real world' contexts of young people.

Mrs Yager
Assistant Principal

Are you a considerate driver?

Always obey road rules and observe our 40km zone around school for the safety of our children. We have 'no stopping' signs at the front and back of the school. These signs are there for the safety of our children and community.

Thank you for your support in this area.

Celebrating Our Gifts

(Awards presented on Friday 17/05/19)

Academic Excellence

Amalie Cordi KB
 Alexander Bruegger KG
 Isaac Vassallo KY
 Mia Vassallo 1B
 Annelise Araneda 1G
 Mya Harvey 1Y
 Lachlan Thew 2B
 Massimo Muscardo 2G
 Hanna Ngo 2Y
 Aiden Cabezas 3B
 Jacob Nasso 3G
 Daniella Zeaiter 3Y
 Angelina Tallaridi 4B
 Shannon Aneksomphan 4G
 Riley Roditis 4Y
 Jada Yu 5B
 Ruby Moller 5G
 Ryan Sloan 5Y
 Sanjana Kadam 6B
 Braydon Sampol 6G
 Kingsley Barnett 6Y

St Angela's Award

Jet Read KB
 Elena Mauceri KG
 Alexander Diaz KY
 Lucas Mileto 1B
 Sienna Mearns 1G
 Oliver Stornelli 1Y
 Noah Tyler-Ottolino 2B
 Anika-Klara Muller 2G
 Finnegan Brook 2Y
 Tianna Farah 3B
 Zara Fernandez 3G
 Olivia Siligato 3Y
 Brayden Geraghty 4B
 Liam Evans 4G
 Keeran Mazuvancheri-Perera 4Y
 Lucas Seda 5B
 Taylah Khoudair 5G
 Harrison Petras 5Y
 Joel Cartisano 6B
 Mia Russo 6G
 Emily Lambert 6Y

Parent Representative Meeting Tuesday 4th June 8:45am

The Term 2 class parent representative meeting will be held on Tuesday 4th June at 8:45am in the staffroom for those parents available.

Friday 23rd August - Save the Date

St Angela's Annual Golf Day

CALLING THOSE INTERESTED IN GOLF

(ALL LEVELS WELCOME - BEGINNERS TO EXPERIENCED)

Stonecutters Ridge Golf Club

Keep an eye on Shine for further details



Happy Birthday!



Happy birthday to members of our St Angela's community who will celebrate their birthday this coming week;

May

Sun 26th
 Selena Bianca

Thurs 30th
 Chiara Jensen-Luppino

Mon 27th
 Jack Clarke

Fri 31st
 Laila Henderson

Wed 29th
 Jessica Guirreri

Quote of the Week

"Among the things that you can give and still keep are your word, a smile, and a grateful heart."

Grade Assemblies

Our whole school assemblies for Term 2 will be as follows:

Week 4 - Tomorrow Friday 24th May at 2:15pm led by Year 1

Week 5 - Friday 31st May at 2:15pm led by Year 5

Week 9 - Friday 28th June at 2:15pm led by Year 6

All parents are most welcome to join us.

Peer Support

This week in Peer Support the children will practise developing their strengths. This will help your child become more resilient and optimistic. Ask your child to share the strengths they identified during this week's session.

Changing Going Home Arrangements

A reminder to parents that our official school day is from 8:30am until 2:50pm, with a 5 minute dismissal zone, and that your child is required to be present between these times. Children should not be taken out of school early unless it is for an important reason (ie. Appointment for specialists etc.) Likewise, any changes of going home arrangements should only be made in cases of emergencies. As you can appreciate, contacting classes for children to come to the office for early departures or to advise going home changes is disruptive to the learning, in particular to the whole school if the class is not in their room and an announcement needs to be made. We ask that all early departures and changes to going home arrangements are advised in writing to stangelas@parra.catholic.edu.au before 2.30pm on the day the change is taking place. Please do not email going home changes days in advance. This assists with our process of notifying the class teacher via their office bag.

Please note children will only be called to the office when you arrive to collect them. We ask that you do not contact the office requesting your children be ready and waiting for your arrival as delays in traffic etc. may result in children waiting for long periods. We thank you for your support in this area.

Woolworths Earn and Learn

The Woolworths "Shop For Your School" is back. The program started on 1st May and runs until 25th June 2019. Bring your stickers earned, from what you spend at Woolworths, to school and place them in your classroom office bag, the box on the stage or in the box labelled St Angela's at Woolworths Kellyville Plaza.



Confirmation Preparation Weekend

Session 1 - 4:30 - 6pm Saturday 1st June 2019
Session 2 - 9:30 - 11am Sunday 2nd June 2019
Session 3 - 4:30 - 6pm Sunday 2nd June 2019
(Please attend the session selected on the Google Form sent home by the parish).

Mark the Dates

New Date This Monday 27th May - School Photos

Children to wear full winter school uniform

Thursday 30th May - 9:00am General Parent Meeting

'Write and Read to Lead and Succeed'

Friday 21st June - Yrs 3-6 Athletics Carnival

Alfred Henry Whaling Memorial Reserve
Mileham Avenue, Baulkham Hills

entertainment™ Books

Entertainment Books are now available to purchase. Flyers were recently sent home with your child. To order your book or digital membership, please visit www.entbook.com.au/2144d46. For further information please contact the school office.

2019 Kindergarten Families Catch Up!!

If free, come and join us for a casual dinner as we celebrate Term 1/2 and get to know each other a little better!

When: Tomorrow evening Friday May 24th

Time: From 5.30pm

Where: The Australian Hotel and Brewery, 350 Annangrove Rd, Rouse Hill.

There is a Bistro menu to buy some dinner and an indoor play area for our little people.

We will be booking some tables so please RSVP by Friday May 17th to Kylie Pace on 0417458400 or Emma Raad on 0413044655.

We hope to see you all there.

Kindy Parent Reps

Diocese of Parramatta 'Chatterbox Live' Initiative

As sent via email on the 1st May, the first Chatterbox Live event for parents and carers will be held on Thursday, 13 June at St Andrews College Marayong from 7.00pm. Registrations to attend the event in person will open on May 20 at 9am. If you would like to attend in person, please register your interest as soon as possible by visiting chatterbox.parra.catholic.edu.au. If you're unable to attend in person, you are welcome to tune in live by 'liking' the CEDP Facebook page to be reminded when the event begins. You can do this at www.facebook.com/CatholicEdParra.

Sent Home This Week:

Emailed: Google Form 2019 Rugby League Gala Day, Years 2-6 First Reconciliation, School Photo Day, Year 4 Sport Uniform Change

Hard Copy: Photo Envelopes

Medication Information

Prescription medication is only administered to students upon completion of St Angela's medication forms, which are available from the school office or on our website under the following pathway:

School Information, School Notes, Medical Forms or by clicking the following link:

<http://www.stangelaschill.catholic.edu.au/en/School-Information/School-Notes>

There are two types of forms:

- ◆ **Doctor Forms for Prescribed Medication (to be completed by Doctor and Parent)**
If your child requires **prescription** medication to be permanently stored for administration at school, ie. Anaphylaxis/Allergies or Asthma, these forms are required to be completed by a parent and your child's doctor.
- ◆ **Short Term Prescribed Medication (to be completed by Parent)**
If your child requires **prescription** medication to be administered on a short term basis, ie. 1-5 days, please complete this form.

Please note we are unable to administer prescription medication unless the relevant form, as outlined above, is completed. Handwritten notes are not satisfactory for the administration of medication.

All prescription medication for your child must be delivered to and collected from the office **by a parent**. For safety reasons, prescription medication should not be carried by children. All prescription medication is required to be supplied in its original container, clearly labelled with your child's name, the name of the medication, dosage and frequency of administration. Appropriate equipment for administering medication is to be supplied by the parent, eg. Asthma spacer. **It is the responsibility of parents to ensure all medication remains current.** All medication sent to school is kept in the School Office.

NON-PRESCRIPTION MEDICATION

Non-prescription medication is not administered by the school, eg. Panadol, antihistamine, creams, ointments, eye drops etc. The only exception to this is if a doctor completes the appropriate abovementioned form.

HOW TO RAISE HAPPY AND RESILIENT CHILDREN

Join the PRC to hear one of Australia's leading Psychologists talk about the journey from childhood through to young adulthood, as it seems to have become so much harder to navigate.

Hear about the latest news from the science of positive psychology and how its applied to bringing up children and teenagers.

Our guest speaker for the evening is:

Dr Michael Carr-Gregg

Adolescent and Child Psychologist

Register FREE now: www.prc.catholic.edu.au

Monday, 3rd June 2019
Doors open: 6:15 pm for 7:00pm (2 hours)
(PRC General Meeting - will be held prior to guest speaker
John XXIII Catholic College
160 Perfection Ave, Stanhope Gardens, NSW, 2768
Light supper and refreshments will be provided, and a lucky door prize will be up for grabs!

www.prc.catholic.edu.au @preparra @preparra

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Call Charles Lukasic on 02 9683 1116