

# St Angela's Primary School

Castle Hill



Newsletter Vol. 2 No. 1670

August 15th, 2024 Term 3 - Week 4

Ministry of Our Lady of the Rosary Parish, Kellyville

We acknowledge the Darug people, the traditional custodians on whose land we educate our students.

#### **UPCOMING DATES**

Term 3

Friday 16th August: Book Week Parade @ 9am-

Parents welcome

Monday 19th August: SDD-Pupil Free Day

Thursday 22nd August: Hills Zone Athletics

Friday 23rd August: Fathers Day Stall

Thursday 29th August: Fathers Day Breakfast

Sausage Sizzle & Open Classrooms from 8:05am

Friday 30th August: Diocesan Athletics Carnival

Friday 30th August: Whole School Assembly @

2pm—parents welcome

Friday 13th September: St Angelas Bingo Night

Wed 25th September: Zing Activ Challenge Night

#### **2024 Staff Development Days**

This year CSPD continues to support schools to transition to the New NSW Syllabus and all schools have been allocated additional Staff Development Days. The Staff Development Days (Pupil free) for 2024 are:

Term 3 Mon 19th Aug Term 4 Mon 14th Oct

Last Day of School 2024—Wednesday 18th December

#### **SENT HOME THIS WEEK:**

Emailed from Compass Portal: Please check your

**COMPASS APP** 

Whole School: What's Happening at St Angelas

Author Cristy Burne—Order Form 11.30am Feast of the Assumption

Year 6: 2024 Year 6 Fagan Park Excursion

#### PRINCIPAL'S MESSAGE

On Tuesday this week we hosted a visit to the school by CSPD Board member Mrs Maria Pearson. During her visit the leadership team discussed the excellent academic performance of our students, the participation of our students in a wide variety of extra curricular activities and the staff's commitment to nurturing the social and emotional well-being of our students. Mrs Pearson gave us such positive feedback about the strength and vibrance of our community that was so evident in her interactions with staff and students. Our close relationship with Father Chris and the parish team, in combination with the involvement of and partnership with our families, continues to be a cornerstone of our school's success and a source of immense pride.

Recently Mr Laird and I were able to walk through our new building to see more closely the progress taking place. It was fabulous seeing learning spaces taking shape and to walk the 130m long learning streets (verandahs) on each level. I have asked our architects to provide an updated presentation for me to share with you. In this presentation you will be able to see the modifications that we have made to include glass operable walls within the learning spaces to allow for discreet learning for each class group and then the flexibility to be able to open up these walls when classes need to work more collaboratively. When this presentation is available I will organise a meeting in which to share this with the parent body.











#### Staffing

Mrs Kathy Fisher (6G) has been appointed as Coordinator for the remainder of this year, coordinating Literacy and will also be the leadership team member contact person for Kindergarten Parents should you have the need. Congratulations to Kathy on this appointment.

#### **Staff Professional Learning**

This term our teachers have been engaging in professional development about how to develop children's mathematical reasoning skills. These skills are important for students because they enable them to engage in deeper learning during mathematic activities. In line with the new mathematics syllabus staff have continued to implement research based pedagogical strategies in mathematics to develop learning tasks that promote higher levels of reasoning and critical thinking. These are the skills that students need to be able to demonstrate in solving real life problems and in demonstrating their mathematical skills and thinking in assessments such as NAPLAN and PATMaths. In all classrooms across K-6 students are developing ways of thinking in mathematics that include analysing, generalising and justifying ideas and concepts.

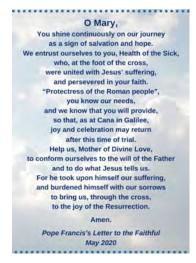
"Together we can do so much" Leanne Nettleton

Principal

#### RELIGION

#### **Feast of the Assumption Mass**

Today we celebrated the Feast of the Blessed Mother Mary into heaven. Thank you to our students for their reverent engagement in the mass this morning. A huge thanks to our teachers in preparing their classes. Thank you to Fr Chris and Deacon Tan for all their support in our faith formation.



#### **Mackillop Catholic Care House Visit**

Another group of our Mini Vinnies students let their light shine today when visiting MacKillop Catholic Care House. They provided some afternoon entertainment which was loved by all the residents whose days were brightened by our visit. Thank you to our parent volunteers Mrs Spragg, Mrs Bacon, Mr Chetty and Mrs Manio, who make our visits possible each fortnight.







Jocelyn Williams



#### Semester 2 SRC Leaders

Congratulations to our SRC leaders who were commissioned at Mass today.







: Our family is so busy. How can we make time for reading together?

Think about the times when everyone is home. Put family reading on the schedule then, even if it's just once a week. Perhaps you could schedule a reading dinner or a surprise "DEAR" (Drop Everything and Read) time during Saturday chores. Make reading a fun part of established family routines.

TOTAL NUMBER OF BOOKS READ = 10302 NUMBER OF STUDENTS WHO HAVE COMPLETED THE CHALLENGE = 431

# STUDENTS WHO HAVE COMPLETED THE CHALLENGE

Natalie Holden KG Elliott Narayan 3B

Nicole Gunarathna 1Y Isaac Marquez 3B

Eli Schenke 1Y Isabelle Riley 3b

Sophia Holden 1G Jack Cashman 3G

Roby Hoare 2Y Amy Muregerera 4G

Emilia Azar 3B Sebastian Brook 6B

#### **BOOK WEEK PARADE**

FRIDAY 16TH AUGUST, 2024

**THEME: READING IS MAGIC** 

9am—PARENTS WELCOME

Children are welcome to come dressed as their favourite book character or as the theme.



## **Celebrating Our Gifts**

	9
Learníng Excellence	St Angela's Award
Elara Ekehov KB	Kairav Lele KB
Kaeden Chang KG	Darcy Brooker KG
Michael Saad KY	Sebastian Loganathan KY
Isaac Nunez-Erazo 1B	Zachary Moses 1B
Vincent Cruz 1G	Lachlan Hawke 1G
Zoey Beaini 1Y	Aveer Mehrok 1Y
Zachary Fernandez 2B	Arial Agudo 2B
Hayden Sam 2G	Olivia Dababneh 2G
Olivia Raad 2Y	Seth Franks 2Y
Isabelle Riley 3B	Charlie Vasallo 3B
Lucia Mauceri 3G	Daxon Lui 3G
Thomas Livingstone 3Y	Chloe Cruz 3Y
Thomas Taylor 4B	Emilia Caparros 4B
Ryder Aguilar 4G	Zara Naidu 4G
Lilah Kenny 4Y	Xavier Zullo 4Y
Tashmika Pillay 5B	Daniel Morr 5B
Eva Ilijic 5G	Isla Paulynn Colet 5G
Tabitha Lee 5Y	Jessica Guirreri 5Y
Abby Lukjanenko 6B	Victoria Taouk 6B
Elizabeth Glendenning 6G	Emmanuel Dib 6G
Livia Gigliucci 6Y	Sophie Collett 6Y



Happy birthday to members of our St Angela's community who are celebrating their birthday this coming week:

#### **AUGUST**

15 August
Aarush Sharma 2Y
Chelsea Thomas
Egardo Franco Espinosa
Nathaniel Zhou 4G

16 August Carter Thompson KG Aiden Theoharous 5G 17th August Taylor Lean KG Saraya Wilson 4B

18th August Eden Alexander 3G

21st August Harry Madden 5Y Sienna Andrew 6G James Lang 6Y

#### **TERM 3 2024 ESAFETY WEBINARS FOR PARENTS AND CARERS**

At Catholic Schools Parramatta Diocese (CSPD) we see parents and carers as partners in your child's learning journey. In partnership with the eSafety Commissioner, CSPD would like to invite you to join the following free webinars for parents and carers:

Understanding how to support your child with online gaming

• 3 September:12:30pm-1:15pm

Consent and online boundaries: How to support your primary-aged child

♦ 11September:12.30pm-1:00pm

An introduction to online safety and emerging technologies

♦ 5 September:12.30pm-1:00pm



#### **Hills Zone Athletics**

Next Thursday our Athletics Team will represent St Angela's at the Hills Zone Athletics Carnival at the Blacktown International Sports Park. We wish them well in their events and look forward to hearing how they go!

#### Netball Gala Day 10th September

This year we have entered 12 teams into the Netball Gala Day to be held on Tuesday 10th September at Penrith Netball Courts. This being said we have many students to trial and unfortunately this week's weather hasn't been on our side. Please continue to keep an eye on the What's Happening on Sundays for all communication about the next age group to trial. Thank you for your patience and understanding. Please note that the age group your child trials in is the age they turn in 2024. Eg Born 2012 is a 12 year old.

#### **Gala Day Dates**

Netball - 8 - 12 Year Olds - Tuesday 10th September

Stage 2 Touch Football - Years 3 & 4 Friday 20th September

#### Safety at the Back Gate

In Orleans Way, please do not pull up to the bottom of the driveway to let your child/ren out in the morning or pick them up in the afternoon. This is dangerous particularly if you then reverse your car to re enter the road

New Council signage has been installed in Orleans Way 'No Stopping 8.00-9.30am and 2.30-4.00pm school days' adding to the existing fulltime 'No Stopping' restrictions on the southern side of the school driveway for an additional 10 metres. Please be mindful that this will be monitored by the council and Police.

Having these spaces clear at all times for students will make the back gate area much safer for pedestrian access. If you would like to drop your children off by car the Kiss n Drop accessed via Harrington Avenue is the safest option.



# FATHERS' DAY STALL Friday 23rd August, 2023 'A variety of fantastic gifts for Dad - \$10 per gift'

# QKR! WILL CLOSE ON MONDAY 19TH AUGUST FOR GIFT PURCHASES

St Angela's traditional Fathers Day Stall is being coordinated by our Year 1 Grade parents and will be held on Friday 23rd August, 2024.

Gifts will be available to purchase from Monday 12th August, 2024 using the Qkr! App under STORE VOUCHERS. Please make purchases using your child's individual and correct Qkr! profile. Only 1 gift per child should be purchased. Qkr! purchases close on Monday 19th August, 2024. Usually there are enough gifts to offer a second opportunity to purchase a gift under special circumstances. These gifts are available to families who require a gift for a special father figure. Special circumstances will open on Qkr! on Monday 19th August and will close at 9am on Tuesday 20th August, 2024. Gifts will be displayed around the school on posters so please encourage your child to have a look.

Please note: Arrangements will be made for Year 6 testing day to make their Fathers Day Gift selection earlier that week.



# Fathers Day



## and Open Classrooms

Sausage Sizzle Breakfast from 8.05am Open Classrooms from 8:15am - 9:15am

On Thursday 29th August, 2024 all our dads are invited to join their children for a Sausage Sizzle Breakfast and visit to the classrooms to celebrate Fathers Day.

As is the tradition at St Angela's, dads are invited to wear a jersey in recognition of Jersey Day and the students are welcome to wear their favourite sports jersey over their school uniform.

All students will also be provided with a sausage sizzle so please make sure that you complete a form even if fathers are not able to attend Thursday 29th August, 2024. For catering purposes the google form for responses will close Monday 19th August, 2024. Please don't miss out on a sausage because you didn't complete the form.

#### CALLING FOR HELPERS FOR FATHER'S DAY BREAKFAST Thursday 29th August, 2024

Our Fathers Day Breakfast commences at 8.05am. We are in need of help to set up, prepare and serve breakfast. If you are able to assist in any way, please complete the google form that will be sent out this afternoon.

### **Fathers Day Photos**

All families are invited to send in photos of your child/ren with their father, grandfather or significant other to stangelas@parra.catholic.edu.au.

We will be making a slide show presentation that will be

displayed in each of the classrooms when our fathers visit. Photos are required by ? So that a presentation can be created.



## **Zing Activ**

#### **Zing Activ Challenge Night**

St Angela's will be participating in the Zing Interschool Dance Challenge again this year. This challenge night takes place on Wednesday 25th September starting at 5:30 pm at Sydney Olympic Park. All children in Years 3 to 6 are encouraged to attend this fun and entertaining evening.

More detailed information about the evening will be shared with you soon via COMPASS, including information from the attached Zing Activ letter about purchasing tickets to the showcase night.

#### **Happy Families Schools - Upcoming Event**



#### FREE LIVE Webinar on August 19th | 7pm AEST

This empowering webinar is designed to equip you with practical insights and strategies to help children with autism, ADHD, and other neurodivergent conditions flourish.

Dr. Justin Coulson will help you:

- Celebrate the unique strengths of your neurodivergent child.
- Support your child's individual needs
- Provide better behavioural and emotional support
- Improve communication and social skills
- Build resilience in your neurodivergent child
- Encourage collaboration and advocacy

To access the webinar, click on the link below: https://schools.happyfamilies.com.au/championingneurodiversity/

\*Note that the link will only work if you are already signed into your school's page

St Angela's sign in details:

https://schools.happyfamilies.com.au/login/sapsch

PASSWORD: happysapsch



ISSUE 4 | TERM 3 | 2024

happy families. SCHOOLS

# Parenting with Influence, Not Control

One morning, a farmer was doing chores in front of his farmhouse when a large four-wheel drive pulled into his driveway. A man in a uniform climbed out, walked up to the farmer, and declared, "I'm here to inspect your farm for any illegally grown drugs."

The farmer responded, "Fine. But whatever you do, do not go into that paddock over there." He pointed to a beautiful paddock behind the man.

The officer, bristling with authority, replied, "Mate, I don't think you understand. I'm here to inspect your farm and I have the authority of the state government – the premier – behind me." He reached into his pocket and pulled out a badge. "Do you see this badge? It means I can go onto any land I want! Have I made myself clear?"

The farmer apologised and resumed his chores. A short while later, the farmer heard a scream. He looked toward the paddock and saw the officer racing across it with a raging bull in hot pursuit.

Seeing the imminent danger, the farmer stepped onto the fence surrounding the paddock and called out, "Your badge! Show him your badge!"

#### The Badge of Authority

INSIGHTS

As parents, we often find ourselves in the same predicament as the officer. We believe that our authority should compel our children to comply, but just like the bull, they are unimpressed by our badges. We say things like, "Because I'm the parent, that's why," and expect obedience. When our children resist, we escalate, relying on our power to enforce compliance.

But this approach is flawed. H.L. Mencken said, "There's always a well-known solution to every human problem – neat, plausible, and wrong." This is especially true in parenting. Our simplistic strategies for "fixing" our children often create bigger challenges. Children need to know we have power, but that power should make them feel secure, not controlled.

When our children don't listen, we get mad. We yell, threaten, remove privileges, ground, and some parents even resort to physical punishment. But these actions ignore the reasons behind their behaviour and damage our relationship with them. They might

comply in the short term, but they're learning to fear us, not to understand right from wrong.

Relying on our authority, our parenting "badge," diminishes our real influence. Children might obey while we're watching, but the moment we turn our backs, our authority evaporates. Instead, we need to focus on building relationships of trust. This slow, deliberate approach might seem less effective at first, but it yields long-term results.

### The Three Es of Effective Discipline

If we really want to *help* our children, we do it best by *working with them* rather than *doing* things to them or simply issuing commands. To help, I've developed the 3 Es of Effective Discipline: Explore, Explain, and Empower.

When we *explore*, we spend time together, connecting. When we understand where our child is struggling, we move to explain.

When we *explain*, we keep it short and simple. Most of the time our children already know what is expected. So we restate, "You know, and I know, that hitting your siblings is not ok. We're always working on managing our feelings and asking for help if we need it."

Then, assuming they feel understood and we know they get our expectations loud and clear, we *empower*. This does not mean we let them decide what should happen. It means we invite their ideas on how to move forward, and offer gentle collaboration and guidance to help them figure things out. It might mean they apologise to someone who's been hurt, make restitution for something lost, broken, or stolen, or simply promise to do better next time.

Power struggles are an inevitable part of parenting. Toddlers fight over bedtime, screen time, or what to wear. Teenagers push back against curfews and household rules. Parenting with influence, not control, requires patience, empathy, and a willingness to understand our children's perspectives. By setting aside our

badges of authority and embracing the Three Es of Effective Discipline, we can navigate the challenges of parenthood with grace and effectiveness, fostering a nurturing environment where our children can thrive.



# AUTHOR Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.



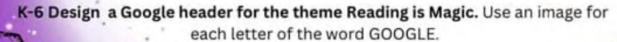


-2 Draw your favourite book: cover, character or scene from your favourite book.

from Wk2- Wk5
Final date for entries
Wk5 Thurs 22nd Aug

K-6 Design a bookmark based on the theme Reading is Magic Use any form of craft or materials: drawing, decoupage, painting, digital etc....

- K-6 Write a short story based on the theme Reading is Magic.
- K-6 Diorama: Book in a box or jar.
- K-6 Write a song with lyrics, or compose music to the theme Reading is Magic..
  - K-6 Create a Digital Book Trailer for a book you have read.
    - K-6.Create a poster for the theme Reading is Magic.







Competitions are completely voluntary and are completed at home. Try 1, try them all!!!! All entries must be submitted by Term 3 Wk5
Thurs 22nd Aug

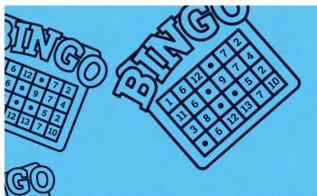












BINGO ENTRY & MEAL DEALS AVAILABLE NOW ON QKR!



\$2 BINGO ENTRY Per Person

\$10 | 1 Large Pizza 2 Drinks MEAL DEALS 5 To Choose From

ONLY 45 TICKETS LEFT

# Important Information

- Sign-in opens at 5:15 PM, giving you plenty of time to decorate your table.
- Bring your own markers for Bingo games
- Cash only, bring your gold coins!
- Raffle tickets available on the night
- Food and drinks available from 5:30pm
- ✓ Bingo starts from 6pm-8pm

# BEST TABLE DECORATION COMPETITION

RAFFLE TICKETS

SILENT AUCTION

GUESSING GAMES

> LUCKY NUMBER GAME



More prizes added! Thank you to our sponsors for these amazing prizes. Get your Bingo Night Entry and Meal Deals from QKR - don't miss out!

360 Action Park	5 x \$20 Vouchers
Angel Maternity	\$200 Voucher
Australian Hotel Brewery	2 x \$50 Vouchers
Baker's Delight Kellyville Village	\$50 Voucher
Barlame Thai Restaurant	\$70 Voucher
Beacon Lighting Castle Hill	Desk Lamps & USB Charge
Chemist Warehouse Blacktown	2x Kids Fragrances
Caffe Cherry Beans	4 x \$25 Vouchers
Castle Hill RSL Group	\$100 Voucher
CityCave Bella Vista	Flauna Voucher (\$109)
Deco Rug Castle Hill	Kids Rugs and Pillows
Donut King Kellyville Village	5x \$10 Vouchers
Dymocks Rouse Hill	7 x Kids Books
EmPowering Humans	\$250 Voucher
Em + Kat Creations	\$25 Voucher
Endota Spa Castle Towers	Spa Voucher (\$205)
FACEbulous Painting	50% Off Face Painting
George's Pizza	\$50 Voucher
Get Commando Fit Gym	10 Session Training (\$275)
Grill'd Burgers Rouse Hill	20 x Vouchers (\$525)
High Brow Collectives	\$100 Facial Voucher
Howard's Storage World	Various Kitchenware
Just Cuts Castle Hill	25 x \$5 Vouchers
Kasun and Sudeshika Perera	2 x \$50 Officeworks Vouchers
Lifestyle Property Agency	David Jones, Smiggles, Kids & Roblox Vouchers (\$500)
Little Imagery Photograpy	50% Off Mini Photoshoot Voucher (\$90)
Lollipop's Playland and Cafe	10 Visit Entry Pass (\$90)
Nails 4 U Kellyville Village	Spa Manicure & Pedicure

OzDesign	Artwork (\$349)
Pasqualina's Cafe	10 x \$5 Vouchers
Patrico Jewellers Kellyville Village	Sterling Silver Necklace (\$340) 10% Off In Store
Pearl Nails Kellyville Village	Pedicure Voucher
Raging Waters Sydney	2 x Single Day Admission
Rebel Rouse Hill	2 x \$50 gift cards
Roni's Rouse Hill	Scented Candle
Shoes and Sox Castle Towers	\$50 Voucher
Simon Louise Boutique	\$50 Voucher
Susan Browning Find Your Kids Voice	\$95 Vocal Session Voucher
Sydney Education Expo	2x Kids Stationery Packs (\$100)
Taronga Zoo	Family Pass (\$152)
The Bakehouse	5 x \$20 Vouchers
The Edge Rock Climbing Centre	2 x Entry Vouchers (\$52)
The Grooming Room Barber Shop Kellyville Village	10 x Kids Haircut Vouchers
The Hills &Co Boutique	Engraved Candle
Threepeas Events	\$250 Event Styling Voucher
Toys and Tales Rouse Hill	2 x Squishmellow Toys
Treasures Cards and Gifts Rouse Hill	3 x Wall Art and Various Tableware
What's Cooking Castle Hill	Maxwell Williams Cheese Board
Wholesome Crunch	Granola, Muesli & Coconut Chips Hamper
Woolworths Bella Vista	2 x \$200 e-Vouchers
Year 3 Teachers: Mrs Williams, Mrs Grunberg, Miss McEntee & Mrs Kiaian	2 x \$100 Cinema Vouchers
Zone Bowling Castle Hill	4 x Family Bowling/Laser Tag Vouchers